



Mindfulness Club

This week Mrs Khan launched this new weekly club. Mindfulness is 'a mental state achieved by focussing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations, used as a therapeutic technique'. If that raises questions, go along to the club and ask them!

A full list of weekly clubs and activities appears overleaf.



Let's We Forget

Remembrance Day
November 11

Shakespeare Schools Festival

On Monday evening our students will again be taking part in this annual event. This year students from the Year 10 GCSE Drama class and those involved in the Arts Award will be jointly performing *Much Ado About Nothing* at The Key Theatre. Please support them if you can: tickets are available from the theatre box office.

Shakespeare
Schools Festival



Twitter

Please follow us on
Twitter:
@sjfpeterborough



Winter is Coming

The noticeably colder weather this week prompts me to explain our policy for opening and closing the school in very bad weather such as severe snowfall. If we are unable to open the school in the morning we will email and text parents, and inform local radio stations. We will also post a notice on our website. We have not had to do this for two or three years. If we open the school in the morning we will stay open until the usual time: we will not send students home early. Please do not ring the school to see if we are staying open as this jams the phone lines.

I will also remind students and parents that coats should fit over blazers, and that hoodies are not acceptable to be worn in place of a coat.

Sean Hayes

Academic Tutoring
For this week
Year 10

Our Students Impress

During the recent Focus Day, Year 11 students took part in a training session designed to help them approach their exams in a positive and effective manner. Last week I received a very welcome letter from the gentleman who led the day:

I wanted to write to let you know that it was a real pleasure to spend time in your school on Friday and to witness a school with such a positive atmosphere. The students to whom I presented the Study Skills seminars were a real credit to themselves and to the school itself. I would guess that the exemplary behaviour they displayed would be no more than you would expect but I was greatly impressed not only with their attitude to me as a visitor to your school but also with their willingness to stay engaged through what can be a tiring session.

I would be delighted if you could pass on my compliments to the students and also my heartfelt thanks to your supportive staff who made me feel so welcome. Wishing you and all involved with the school a happy and successful year.

*Dai Perks, **MaximiseYourPotential.co.uk***

Extra Curricular Activities 2016-17

Monday Lunchtime

GCSE & BTEC Rock Band
Music Club
Homework Club
Ukulele Club
Geography Support

Monday After School

Expressive Arts Bronze Award
Netball Club
Rugby Club

Tuesday Lunchtime

Student Liturgy Group
Creative Writing
GCSE & BTEC Rock Band
Homework Club
Girls Multi Sports Club
ICT Club
KS3 Drama Club
Music Club
Painting Appreciation Society
Geography Support

Wednesday Lunchtime

ICT Club
GCSE & BTEC Rock Band
Manga Appreciation
Homework Club
Duo Lingo Club
Multi Sports Club
Music Club
Geography Support
Rock Pop Choir
Mindfulness Club
English Newspaper

Wednesday After School

Art Intervention

Thursday Lunchtime

Basketball Club
Food Club (Week 2 Only)
GCSE & BTEC Rock Band
ICT Club
KS3 Drama Club
Homework Club
Music Club
Poetry Club
Year 7 & 8 Science Club
Table Tennis and Basketball Club
Geography Support
Microbit Club

Thursday After School

Badminton Club
Year 13 Biology
Debating Society
Boys & Girls Football

Friday Lunchtime

ICT Club
Geography Support
GCSE & BTEC Rock Band
Music Club

Friday After School

Art Intervention
Science Revision
Y13 Chemistry

Yellow Day - Thursday 17 November

Rochester House have been organising a fun packed day to raise money for Marie Curie Cancer Care and Teenage Cancer Trust.



The whole school can buy tickets to participate in the non-uniform day, in the hall at break and lunch until next Wednesday. Tickets bought in advance will cost you £1 or you can pay £2 on the gate on the day.

On Yellow Day, there will be an 'Open Mic' in the Atrium at lunchtime so come and sing along, or go to the sports hall and compete in a basketball shoot a hoop competition. Mr Plane will be ready to be sponged in the courtyard, 50p per sponge or £5 for a whole bucket! There will also be a cake stall, a chocolate raffle and a samosa sale at break time.

Please bring a few spare coins and come and help us raise money for a very worthy cause. Ms Stevens

Humanities Fieldwork Visit – North Wales Monday 10th July – Friday 14th July 2017

As part of our curriculum enrichment activities, we are planning to take a group of Humanities students to North Wales for a residential fieldwork



experience supporting their GCSE and A Level studies in both Geography and History. This will take place from Monday 10 July – Friday 14 July 2017. All year 10 and 12 students studying in the faculty have now been issued with letters giving further details.

We are planning to take 40 students travelling by coach to North Wales. Accommodation on this fully catered visit will be at the Llanberis Youth Hostel which is located in the world famous Llanberis Pass, situated between the mountains and forests of the Snowdonia National Park and the imposing castle at Caernarvon and idyllic beaches of the North Wales coast. During our stay, a full geography and history programme will run over four days, preparing students for the fieldwork and examination components of their GCSE and A Level courses.

Participation is strongly recommended, as fieldwork is a requirement of the examination boards for all Humanities courses and this visit offers opportunities not available locally. In order that we can plan this work, we would really appreciate prompt responses to the letters.

This fieldwork visit which is now in its 17th year is enjoyed by both students and staff alike. For those students that attend, it is consistently the school experience that students talk of most fondly and with the happiest memories at the end of their time at St John Fisher. If you require further details regarding the visit, please do not hesitate to contact me at the school. Dr Bottrill, Humanities Faculty Leader