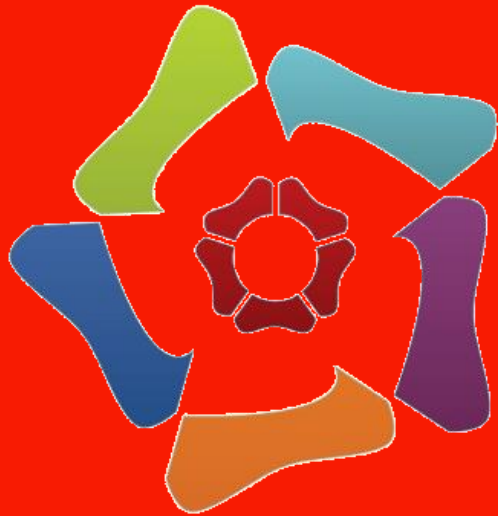


OCR Certificate in Sport Studies



OCR

Oxford Cambridge and RSA

Year 9 Options



The Department

Mr Plane

Mrs Maudsley

Mr Cayley

Miss Haslam



What level of study is it?	What is it the equivalent to ?	Is it a single or double option?
Level 1	1 Award (1-3)	Single
Level 2	1 GCSE (4-9)	Single



St John Fisher
Catholic High School

Compulsory Units

- **R184: Contemporary issues in sport**
- **R185: Performance and leadership in sports activities**

Optional (1 Unit)

- **R186: Sport and the media**
- **R187: Increasing awareness of Outdoor and Adventurous Activities**

Current Pupils
Opinion on the
Course
Dhira - Year 11



“It helped me improve my Confidence”

Contemporary Issues in Sport - Exam

- Issues which affect participation in sport.
- The role of sport in promoting values.
- The implications of hosting a major sporting event for a city or country.
- The role National Governing Bodies (NGBs) play in the development of their sport
- The use of technology in sport.






R185



R185 Performance and Leadership in sports activities.

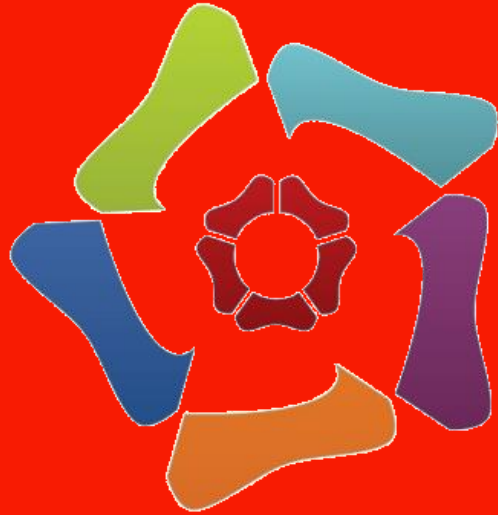
In this unit you will have an opportunity to develop your skills both as a performer in two different sporting activities, and as a leader, developing a range of transferable skills.

Topics Include:

- Key components of performance
 - Applying practice methods to support improvement in a sporting activity.
 - Organising and planning a sports activity session.
 - Leading a sports activity session.
 - Reviewing your own performance in planning and leading a sports activity session.
- 



R186



R186: Sport and the media

In this unit you will understand the different sides of a range of media sources and apply real life examples to show the nature of the relationship between media and sport. You will also learn how rapid development in technology is enabling sport to be viewed, replayed and discussed whenever and wherever the spectator wants. You will then develop your ability to evaluate and interpret the different ways in which sport is represented by the media.

Topics:

- The different sources of media that cover sport.
- Positive effects of the media in sport.
- Negative effects of the media in sport.

Current Pupils
Opinion on the
Course
Rhonda - Year 10



“I really enjoyed it and its one of my favourite hobbies”



R187



R0187 Increasing awareness of Outdoor and Adventurous Activities

In this unit you will understand how to find out information about what opportunities there are in your local area as well as nationally in the UK for all different types of outdoor/adventurous activities. You will learn how to enjoy the activities safely by finding out what equipment, clothing, facilities and technology you need, as well as completing planning to help keep you safe.

Topics:

- Provision for different types of outdoor and adventurous activities in the UK.
- Equipment, clothing and safety aspects of participating in outdoor and adventurous activities.
- Plan for and be able to participate in an outdoor and adventurous activity.
- Evaluate participation in an outdoor and adventurous activity.

Ex Pupils
Opinion on the
Course
Isobel



“Sports Studies is so fun and Enjoyable”

Types of Assessment on the Course

Written Examination:

1 Hour Written exam on Contemporary issues in sport.

Coursework:

The coursework assessments will come in the form of Internal Assessments for each unit undertaken. Each unit is assessed internally. Each assessment will be moderated to Pass, Merit or Distinction standard.

Witness statements/Practical Moderations:

Teacher observations and assessments are done on students in Performer, Leader and Officiating roles in various different sports.

What sports could
you
be assessed in?

- Football
- Badminton
- Basketball
- Camogie
- Cricket
- Dance
- Gaelic Football
- Handball
- Hockey
- Hurling
- Lacrosse
- Netball
- Rowing
- Rugby League
- Rugby Union
- Squash
- Table tennis
- Tennis
- Volleyball

Students who have enjoyed Physical Education may want to continue with the subject to study Level 3 courses in the Sixth Form at St John Fisher School

Employment opportunities where acquired skills will be particularly valued include:



- **The Sport and leisure industry**
 - **Sports attendants**
- **Supervisors/managers of sports facilities**
 - **professional sportsmen/women**
 - **Personal trainers**
 - **Fitness instructors**
 - **Roles in the media**
 - **Coaches in specific areas**
- **Physical education teaching**
 - **Sports injury specialists**
 - **Sports psychologists.**