

Career of the Fortnight

Physiotherapist



Physiotherapist

Job description:

- You'll meet with patients to assess their physical problem/disorder. Having made a diagnosis, you'll then design and review appropriate treatment programmes using a range of techniques, including manual therapy, therapeutic exercise and electrotherapy.
- As well as treating patients, you'll also promote their health and wellbeing and provide advice on how to avoid injury and self-manage long-term conditions.
- Patients can include children, the elderly, people with sports injuries, intensive care patients who require chest physiotherapy and stroke patients.

Skills:

- excellent communication skills
- interpersonal skills to establish a rapport with patients and their families
- the ability to explain treatments simply to patients and their families
- teamwork skills to collaborate with other healthcare professionals, such as doctors, nurses, occupational therapists and social workers
- good manual skills
- problem-solving ability
- tolerance, patience, sensitivity and tact
- organisational and administrative skills
- a firm but encouraging and empathetic attitude
- the ability to motivate others
- a genuine concern for the wellbeing and health of patients
- a real interest in anatomy and physiology
- the ability to work under pressure and manage your time effectively.

Roles and Responsibilities

- work with patients who have a range of conditions, including neurological, neuromusculoskeletal, cardiovascular and respiratory, sometimes over a period of weeks
- make a clinical assessment and diagnosis in order to treat their physical problem/condition
- design and review clinical management plans.
- involve parents and carers in the treatment, review and rehabilitation of patients
- educate patients and their carers about how to prevent and/or improve conditions
- write patient case notes and reports, and collect statistics
- liaise with other healthcare professionals, such as GPs, consultants, occupational therapists and social workers.
- supervise student and junior physiotherapists and physiotherapy support workers
- be legally responsible and accountable
- be caring, compassionate and professional at all times
- manage clinical risk.

Employers of physiotherapists:

The NHS is the major employer of physiotherapists. You could work in the following departments elderly care, intensive care, mental health, occupational health, orthopaedics, outpatients' departments, paediatrics, stroke services, women's health. Peterborough Hospital is a local example.

You may also work in the community, for local authorities or the private sector in private hospitals and clinics, GP practices and health centres, schools and children's centres, nursing homes and day centres for elderly people, charities and voluntary organisations, particularly those serving people with disabilities, sports clinics, professional sports clubs, gyms and leisure centres or the armed services. Peterborough United Football Club is a local example.

Working conditions

You could work in variety of settings NHS or private hospital, sports field, in a fitness centre or a therapy clinic.

Your working environment maybe indoors or outdoors, you will travel often and the work can be physically demanding.

Qualifications:**University:**

You will need to do an approved degree in physiotherapy or do a 2 year postgraduate course if you've got a degree in a relevant subject like Biological Science, Psychology or Sports Studies.

Entry Requirements:

2 or 3 A Levles, or equivalent (including Biology) for a degree or a degree in a relevant subject for postgraduate study.

Apprenticeship:

You can do a physiotherapist degree apprenticeship

Entry requirements:

2 or 3 A Levels, or equivalent, preferably including biology

Work:

You could work as a Physiotherapist Assistant and study part time for a degree to qualify.

Working Hours:

Physiotherapists typically work 37.5 hours a week, which may include evenings, nights and weekends. As a sports physiotherapist you're likely to work at the weekend, and in private practice your hours will reflect the needs of your clients.

Annual Income:**NHS Starting salary:**

£24, 907 - £30, 615

NHS Experienced salary:

£31,365 - £37,890

Clinical Specialist

£38, 890 - £44,503

Advanced Practice

£45, 753 - £51,668

Management – Head of Service

£63,000 +

Private Practice

Up to £75,000

Labour Market Information

Labour Market Information (LMI) shows you what sorts of employment opportunities exist in your area and which sectors are growing. It can help you decide on a career path or where to get more information.

Physiotherapists		Therapy professionals n.e.c.		Natural and social science professionals n.e.c.	
Weekly Pay £610	Annual Pay £31,720	Weekly Pay £420	Annual Pay £21,840	Weekly Pay £840	Annual Pay £43,680
Hours/Week 34h	Hourly Pay £18	Hours/Week 25h	Hourly Pay £17	Hours/Week 41h	Hourly Pay £20
Workforce Change (projected)		Workforce Change (projected)		Workforce Change (projected)	
Growth 8.7%	Replacement 53.7%	Growth 8.7%	Replacement 53.7%	Growth 5.1%	Replacement 39.9%
The workforce is projected to grow by 8.7% over the period to 2027, creating 5,900 jobs. In the same period, 53.7% of the workforce is projected to retire, creating 36,200 job openings.		The workforce is projected to grow by 8.7% over the period to 2027, creating 4,200 jobs. In the same period, 53.7% of the workforce is projected to retire, creating 26,200 job openings.		The workforce is projected to grow by 5.1% over the period to 2027, creating 2,300 jobs. In the same period, 39.9% of the workforce is projected to retire, creating 18,000 job openings.	
You might find this job in Health Residential care Social work Public admin. & defence Sport & recreation		You might find this job in Social work Residential care Health Education Food & beverage services		You might find this job in Education Scientific research Public admin. & defence Office admin.	
More info		Clear card		More info	
Clear card		More info		Clear card	



Youtube – Physiotherapist - is it for me? <https://youtu.be/5KD3nSW7bVk>