



Theme of the week: Support

'The LORD is my strength and my shield; in him my heart trusts. So I am helped, and my heart exults.'

Psalm 28:7

We are reminded through our theme this week that God is always there to support us just as we are called to support others, especially those who are in need or who are different from ourselves. With national events like Anti-Bullying Week, World Kindness Day, Inter-faith week and the International Day for Tolerance all occurring this week, the theme of 'Support' has been most timely and significant. We started the week by considering the recent story in the news of 'Britain's loneliest sheep' who was rescued from a cliff in Scotland and ended by defining the word 'tolerance' before understanding the power of the words we use.

'The Pope encourages every effort between people of different faiths for positive relations and constructive inter-action' (Papal Nuncio visit to SJF May 2019)

Special Event

Thursday we welcomed pupils from 16 Primary schools to take part in our annual Sports Leaders Primary School Festival. Ten of our students have been trained and lead activities with the pupils. With thanks to Mr Plane for organising this successful event.

Year 10 Work Experience

In the past fortnight, we have launched work experience for year 10 students with parents. We are proud to be a school who supports a full week of work experience, giving students this important opportunity. Being in the world of work for a period of time, gives the students an insight into working life and potentially a career that they may want to pursue.

Kate Pereira

Academic Tutoring

Year 8

**20 November – 1 December
2023**



'A year of reading ... a lifetime of memories.'

Primary School Festival

On Thursday a group of Year 10 Sports Leaders led a Primary School Festival hosted on our 3G pitch. The sports leaders ran a Year 5 and 6 football festival to students from a number of primary schools. Over 60 students were present. The leaders did a great job, they led warm ups, drills, activities and games to the visiting schools. The school games organiser was



very impressed with their superb leadership skills. The sports leaders then officiated the tournament which offered a chance for primary school children who do not normally play football to experience competitive games. The sports leaders were fantastic throughout and were a real credit to the school. Well done to all involved.

Mr Plane, Head of Expressive Arts Faculty

Tutor Time Reflection

Our Tutor Group Reflections in the Chapel have continued this week with a reading, prayers and an activity around Catholic Social Teaching. It is wonderful to see so many students participating and discussing our school community and the wider world.

Mrs Goodfellow, Lay Chaplain

Upcoming Events	
23 November	Rochester House Mass.
5 December	Year 11 & 13 Parents Evening.

Breakfast - Free Bagels

Why not start the day with a filling breakfast. Our Breakfast club runs every day between 8.10am and 8.30am all students are welcome to come and join us in the Dining Hall for a free bagel.



Christmas Hamper Competition

This week we launched our Hamper competition! Every year, each Tutor Group creates a hamper for our local elderly care at Friary Court. It brings great joy to the residents and they talk about how delighted they are that so much care has been taken to create and fill the hampers.

Each form has been given a box and resources to create something wonderful. If you have any tinsel, tissue paper or any decorations you are happy to donate, please give them to your child to bring to their tutor group. There is a sign-up sheet in each tutor group so each student can choose what they would like to donate. Some suggestions are; chocolates, biscuits, a puzzle book, some socks or a cuddly toy! Any donations gratefully received!

Below are some examples of what has been created and donated in previous years...

Mrs Goodfellow, Lay Chaplain



Extra-Curricular Activities 2023-24

Monday Lunchtime

All Years – Maths Help Club
All Years – Boys Basketball
All Years – Film Club
All Years – Chaplaincy Ambassadors - Chapel

Monday After School

Duke of Edinburgh activities
All Years - Boys/Girls Football
All Years – Girls Netball
All Years - Homework Club Study Centre

Tuesday Lunchtime

All Years – Keyboard – Room 102
All Years – Maths Help Club
All Years – Girls Football

Tuesday After School

Duke of Edinburgh activities
All Years Homework Club Study Centre

Wednesday Lunchtime

All Years – Maths Help Club
All Years – Indoor Mixed Cricket

Wednesday After School

Duke of Edinburgh activities
STEM Club - Lego League
All Years - Badminton – Sports Hall
All Years – Homework Club Study Centre

Thursday Lunchtime

Key Stage 3 – Art Club
All Years – Choir – Room 102
All Years - Maths Help Club
All Years – Girls Benchball
All Years – Girls Basketball

Thursday After School






Duke of Edinburgh activities
All Years – Fitness - Gym
All Years – Homework Club Study Centre

Friday Lunchtime

Years 8 & 9 - Inter Catholic Quiz Team
All Years – Gardening Club
All Years – Maths Help Club

Friday After School

Duke of Edinburgh activities
All Years – Homework Club Study Centre

				
House Competitions				
Rochester	545			
Beverley	497			
Cambridge	483			
Westminster	447			