



Relationships, Sex and Health Education

In 2020, Relationships Education and Health Education became statutory for all secondary schools in England. The Government updated statutory RSHE guidance in 2025, with revised expectations for schools from September 2026.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all our students, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

In 2020, after researching various programmes that were available, we decided to adopt **Life to the Full** by Ten Ten Resources. Ten Ten Resources is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work.

Life to the Full has been approved by our diocese. Furthermore, **Ten Ten Resources** have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the RSHE statutory curriculum. We were confident at the time, and remain confident, that this programme is a very good fit for our school.

Through their programme, **Ten Ten Resources** understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which not only keep you informed about what is being taught in school, but also give you the opportunity to engage your children in discussion, activity and prayer.

The programme is designed not only to support students' spiritual, moral and emotional development, but also to help children and young people recognise unsafe situations, understand healthy relationships and navigate online life safely.

A curriculum journey for all Key Stages for RSE can be found on the PSHE/Citizenship overview under Curriculum Information on our website.

Accessing the Parent Portal

Web address: <https://www.tentenresources.co.uk/parent-portal/>

Username: opp-sjf-pe1

Password: east-west-5

If you wish to discuss this provision with a member of staff, do contact the school via Enquiries@stjohnfisherschool.org.uk