Year 10 - PSHE and Citizenship

Our program seeks to enable our **students to become healthy, independent and responsible members of society**. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

	Content	**Assessment**	**What can a parent do to support?**
Transition	**Identifying** learning and study skills required at key stage 4 **Applying** learning and study strategies to support success **Evaluating** personal strengths and areas for development and use this to set targets for future learning habits	There is no formal assessment in PSHE and Citizenship. Assessment is ongoing during lessons, ensuring that students understand topics covered and are able to participate fully in classroom activities. The emphasis of the curriculum is on thinking, discussion, debate and challenge to ensure all students are able to leave school with an understanding of the world and their rights and responsibilities within it.	Ask your child what they are studying and encourage them to express their views. Watch the news as a family and talk about some of the issues that link to the PSHE topics. Encourage your child to be aware of what is happening in the local community and understand difficulties that people face. Talk through the increasing freedoms your child has as they get older and agree what their rights and responsibilities are Be aware of some of the peer pressures on children and support them to make informed choices Check internet security settings in the house are appropriate and monitor your child's use.
Topic 1 Finance	**Learning** about the role of the bank of England and how the economy, and other factors, influence our decisions **Analysing** information and asking questions that aid financial decision-making **Learning** about the business and economic environment and how personal financial choices can affect ourselves, others and the economy **Learning** about saving, borrowing and financial fraud		
Topic 2 Healthy living	**Recognising** some warning signs of unhealthy coping strategies, such as self-harm, eating disorders and substance misuse**.** **Analysing** how alcohol and other drugs affect decision-making **Explaining** how different internal and external influences can affect decision making **Describing** the wider physical and psychological consequences of substance use		
Topic 3 Staying safe online	**Learning** about the motivations for creating content on social media, and who benefits from it being shared **Assessing** the trustworthiness and accuracy of content shared on social media **Describing** how data is collected, sold and used online and explaining how to protect sensitive data **Understanding** how data can be used for targeted online personalisation and some of the regulation that is relevant to this		
Topic 5 RSHE (10:10 resources + PSHE association)	**Authentic** freedom (session 1) **Self** image (session 2) **Values,** attitudes, beliefs (session 3) **Parenthood** (session 4) **Fertility** **Pregnancy** and abortion (session 5) **Abuse** (session 6)		

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Topic 6 IAG	**Benefits** of work experience **How** to contact employers **Preparing** to go on work experience **Reflecting** on work experience **Post** 16 options		
Topic 7 Responsible citizenship	**Understanding** the importance of respecting diversity and assessing the impact of media, social media and actions on people's attitudes around diversity **Distinguishing** violent extremism from legitimate behaviours in a democracy **Identifying** and explaining techniques used to engage someone with an extremist group **Explaining** ways to respond if someone may be being radicalised		
Topic 8 Values, rights and responsibilities	**Diversity** **Hate** crime **Women** safety **The** law, responsibility, consent **Managing** unwanted attention		

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