Year 11 - PSHE and Citizenship

Our program seeks to enable our **students to become healthy, independent and responsible members of society**. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

	Content	Assessment	What can a parent do to support?
Topic 1 Personal skills development	**Developing** resilience **Knowing** the key features of growth mindset and applying these to life and learning.	There is no formal assessment in PSHE and Citizenship. Assessment is ongoing during lessons, ensuring that students understand topics covered and are able to participate fully in classroom activities. The emphasis of the curriculum is on thinking, discussion, debate and challenge to ensure all students are able to leave school with an understanding of the world and their rights and responsibilities within it.	Ask your child what they are studying and encourage them to express their views. Watch the news as a family and talk about some of the issues that link to the PSHE topics. Encourage your child to be aware of what is happening in the local community and understand difficulties that people face. Talk through the increasing freedoms your child has as they get older and agree what their rights and responsibilities are Be aware of some of the peer pressures on children and support them to make informed choices Check internet security settings in the house are appropriate and monitor your child's use.
Topic 2 IAG	**My** work and other choices at 16 **CV** writing **Student** finance		
Topic 3 Finance	**Saving** money and budgeting **Money** and work **Financial** risks and security **Gambling** awareness		
Topic 2 Staying healthy	**Substances** misuse **Substances** and risky sexual life **Substances,** reputation and life chances		
Topic 3 RSHE (10-10 resources)	**Self** worth (session 1) **Birth** control (session 4) **Pornography** (session 5) **STI's** (session 6) **Coercive** control (session 7)		
Topic 4 Citizenship	**Learning** about the validity of, and the laws and regulations around, marriages and civil ceremonies in England and Wales. **Learning** about key differences in legal rights between couples who are legally married or in a civil partnership and couples in a non-legally binding relationships, and why it is important to know these differences.		

There will also be a focus day covering the following: first aid/ donation/ cancer/ healthcare clinics

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