Year 12 - PSHE and Citizenship

Our program seeks to enable our **students to become healthy, independent and responsible members of society**. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

	Content	**Assessment**	**What can a parent do to support?**
Topic 1 Personal skills development	**Thriving** in post 16 education **Goal** setting and contingency planning	There is no formal assessment in PSHE and Citizenship. Assessment is ongoing during lessons, ensuring that students understand topics covered and are able to participate fully in classroom activities. The emphasis of the curriculum is on thinking, discussion, debate and challenge to ensure all students are able to leave school with an understanding of the world and their rights and responsibilities within it.	Ask your child what they are studying and encourage them to express their views. Watch the news as a family and talk about some of the issues that link to the PSHE topics. Encourage your child to be aware of what is happening in the local community and understand difficulties that people face. Talk through the increasing freedoms your child has as they get older and agree what their rights and responsibilities are Be aware of some of the peer pressures on children and support them to make informed choices Check internet security settings in the house are appropriate and monitor your child's use.
Topic 2 IAG	**Employability** skills and effective team work **Identifying** problems of different scales and what is needed to solve them **Online** and personal branding		
Topic 3 Mental health	**Common** mental health issues and strategies **Suicide** prevention **Young** men and suicide **Managing** study and exam stress		
Topic 4 Sexual health	**Learning** how to access contraception and sexual health services, and ways to maintain sexual health **Learning** about the role of regular testing for sexual health, and how STIs can be identified, tested for and treated		
Topic 5 RSHE	**Love** or lust? **Respectful** and assertive communication **Ending** an intimate relationship **Positives** and negatives of online dating **Personal** safety in a relationship **Rape** and sexual assault **Sexual** exploitation and abuse		

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